

APS QUADRANGULAR TRACK & FIELD MEETS

Weekday (Tue/Wed/Thu/Fri) Quad Meets (COVID-19)

Participants

BOYS & GIRLS @ NUSENDA COMMUNITY STADIUM

Each APS Quadrangular Track & Field Meet can be found online at www.albuquerquequatermus.tandem.co and each team invited to a quadrangular meet has been invited through MileSplitNM.

Entries

Submit entries through MileSplitNM, www.nm.milesplit.com, by 9:00am the day prior to meet.

Format

Seeding of heats will be slowest to fastest, timed finals.

Lane assignments Curved races: 3-4-5-6-7-8-2-1

Straight races: 4-5-3-6-2-7-1-8

Field events will be 3 trials/finals open pit with time limit; the order will be lowest entry mark to highest entry mark. If no mark is given the participant will be placed before the lowest entry mark.

Time Schedule

Order of Events

3:30pm _____ Field Judges & Officials Meeting
3:30pm _____ Equipment Weigh-In
3:30pm _____ Coaches Meeting
4:15pm _____ Running Judges & Officials Meeting

FIELD EVENTS

4:00pm—4:45pm _____ Girls Javelin
4:00pm—5:00pm _____ Boys High Jump
4:00pm—4:45pm _____ Boys Shot Put
4:00pm—5:30pm _____ Girls Pole Vault
4:00pm—5:30pm _____ Boys & Girls Long Jump
4:45pm—5:30pm _____ Girls Shot Put
4:45pm—5:30pm _____ Boys Javelin
5:00pm—6:00pm _____ Girls High Jump
5:30pm—7:00pm _____ Boys Pole Vault
5:30pm—6:15pm _____ Girls Discus
5:30pm—7:00pm _____ Boys & Girls Triple Jump
6:15pm—7:00pm _____ Boys Discus

RUNNING EVENTS

4:45pm _____ Start of Running Events/Rolling Schedule
1 Girls Heat _____ 1 Boys Heat _____ 3200m Run
1 Girls Heat _____ 1 Boys Heat _____ 400m Relay
2 Girls Heats _____ 2 Boys Heats _____ 100m/110m Hurdles
2 Girls Heats _____ 2 Boys Heats _____ 100m Dash
1 Girls Heat _____ 1 Boys Heat _____ 3200m Relay
1 Girls Heat _____ 1 Boys Heat _____ 800m Relay
2 Girls Heats _____ 2 Boys Heats _____ 400m Dash
2 Girls Heats _____ 2 Boys Heats _____ 300m Hurdles
1 Girls Heat _____ 1 Boys Heat _____ 800m Run
1 Girls Heat _____ 1 Boys Heat _____ 1600m Medley Relay
2 Girls Heats _____ 2 Boys Heats _____ 200m Dash
1 Girls Heat _____ 1 Boys Heat _____ 1600m Run
1 Girls Heat _____ 1 Boys Heat _____ 1600m Relay