

ALBUQUERQUE RELAYS
SCHEDULE OF EVENTS
Friday, April 12, 2013
MILNE STADIUM

2:30 PM **EQUIPMENT WEIGH-IN** - Dressing Room
2:30 PM **SCRATCH MEETING** – Dressing Room

3:00 PM **FIELD EVENTS:** 3 girl teams – combined total distance or height to determine winner.

Javelin	3 throws per individual	ABC
Shot Put	3 throws per individual	ABC
Long Jump	3 jumps per individual	OPEN PIT
High Jump	All flights together	
Pole Vault	All flights together	

5:00 PM

Triple Jump	3 jumps per individual	OPEN PIT
Discus	3 throws per individual	CAB

RUNNING EVENTS:

4:00 pm	_____	6400 Meter Relay (4 x 1600)
	_____	400 Meter Relay (4 x 100)
	_____	1600 Meter Relay (4 x 400)
	_____	400 Meter Shuttle Hurdle Relay (4 x 100)
	_____	800 Meter Relay (4 x 200)
	_____	3200 Meter Relay (4 x 800)
	_____	1600 Meter Medley Relay (200-200-400-800)

In all cases where two or more heats are run, final places will be determined by time.

Awards: Team ----1st Individual----1st place medals for each team member. 2nd-5th Ribbons.
Awards will be packaged.

Scoring: 10-8-6-4-2-1

Entries: Relays 1 entry, Field Events 1-3 girl team

Entries Due: Thursday, April 11, 2012—NO LATER THAN 5:00 PM

TEAM ENTRIES:

AHA	AHS	DNHS	EHS	LCHS	MHS
RGHS	SHS	VHS	VVHS	WMHS	BOSQUE
ALB. ACAD		SANDIA PREP		CHS	HHS
LOS LUNAS		ST. PIUS		RIO RANCHO	

**** ENTRIES THROUGH DIRECT ATHLETICS ****