

2013-2014 CROSS COUNTRY GENERAL INFORMATION

Sport: Boys and Girls Cross Country Race
Dates: Saturday, October 12, 2013
Site: Albuquerque Academy Cross Country Course
Parking: General parking is located to the north of the main campus buildings. Use the Harper Blvd. entrance on the north side of the campus. Albuquerque Academy Campus Map is attached to this packet.

Directors of

Event: Metro Championship Director: Ed Drangmeister
 Cross Country Meet Director: Ron Warren
 Assistant Meet Director: Matt Henry

Admissions: Admission to the meet is free of charge.

Teams:

Albuquerque Academy	Cleveland	Hope	Sandia
Albuquerque	Del Norte	La Cueva	St. Pius X
Atrisco Heritage Academy	Eldorado	Manzano	Valley
Cibola	Highland	Rio Grande	Volcano Vista
		Rio Rancho	West Mesa

Schedule: 7:30am Mandatory Coaches' Meeting @ the AA Tennis Pavilion

8:10am	Boys Open B Race	8:30am	Girls Open B Race
9:00am	Boys Open A Race	9:30am	Girls Open A Race
10:00am	Boys Metro Race	10:30am	Girls Metro Race

Awards presentation to follow the Girls Metro Race. *It is the expectation that all participants and coaches will be present for awards presentation.*

Entries: Seven (7) runners will be allowed with the top five (5) runners being scored for team totals in the Metro Race and Open A Race. Schools with fewer than five (5) entries will be scored as individuals only.

Schools must have a varsity Metro runner in order to enter the Open A Race. Schools must have a varsity Metro runner and an Open A Race runner in order to enter the Open B Race.

Seniors are not allowed to participate in the Open A Races.

All student athletes must be entered into races at their appropriate competitive level. Do Not enter runners at any level that cannot complete the course without having to walk.

Tiebreakers: As stated in the NFHS Track & Field and Cross Country Rules Book, the following team tiebreaker will apply:

Ties in team scoring shall be resolved by comparing the sixth-place finishers from the tying teams. The team with the best sixth-place finisher shall prevail. If one team does not have a sixth-place finisher, the team with the sixth-place finisher shall prevail.



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Rosters: Please submit rosters to Ron Warren on or before 3:00pm, Monday, October 7, 2013 by either fax at 830.3383 or email at warren_r@aps.edu. A complete roster by gender needs to be submitted. There is no need to identify which race runners are entered into for competition. Additional athletes can be added up to 12:00pm on Thursday, October 12, 2013. **No late entries will be accepted.**

Each athlete can participate in either the Varsity Metro, Open A, or the Open B Races **BUT NOT IN MORE THAN ONE RACE.**

Starting: There will be eighteen (18) boxes available on the first line, one box per team per race, and no more than seven (7) runners. For the Open Race, a second "open" line approximately five (5) yards behind the first line will be used for any additional runners.

Scoring: Runners bibs with tear off numbers will be used for scoring the Varsity Metro and Open A Races. Additionally, each runner will write their race number on top of their right hand. Coaches may print their own stickers with names (first and last), and school in advance of the race and place on the athlete's bib. Coaches may also hand write in this information on the bib as well. **Make sure the information is correct and that all runners have the correct number assigned to them.**

Practice: The Albuquerque Academy course will be available Wednesday, October 9th and Thursday, October 10th, 2013 at 4:00pm.

Athletic Trainer: An athletic trainer will be available during each session. Coverage is arranged via the APS district athletic trainer schedule.

Results: The Assistant Meet Director will call in all results to the media. Phone numbers and contact information is listed under *Contact Information* at the end of this packet.

Event Staff: Event Staff and Support Personnel shall include: Assistant Meet Director, Announcer, Starters, Sweepers, Monitors, Scorers, Timers, Finish Line Assistants, Chute Assistants, and an Athletic Trainer.

Hospitality Room: Hospitality room for all coaches, officials and administrators will be provided at the AA Tennis Pavilion. Food and drinks will be provided by Dion's/Twisters and Pepsi. Location will be posted at site.



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Awards: Varsity Metro Awards

Participation awards will be given to each team and the head coach at the mandatory Coaches Meeting at 7:30am.

Certificates of recognition will be awarded to individual runners placing second (2nd) through tenth (10th) place in the Boys and Girls Varsity Metro Races.

Metro Championship Travelling Trophy will be awarded to the girls champion and the boys champion immediately following the conclusion of scoring following the Girls Metro Race. Blue Championship T-shirts will also be awarded to winning teams.

Open A Races: No award recognition will take place.

Open B Races: No award recognition will take place.

Award

Presentation:

The award presentation will take place immediately after the completion of the Girls Metro Race. It is the expectation of the APS Athletic Department that **all** participants and coaches will be present for the duration of the award presentation demonstrating the values of "Sportsmanship. It's Up To You" and the APS Athletic and Activity Code of Conduct.

Contact

Information:

Metro Championship Director Ed Drangmeister, wk: 878.6164

e-mail: drangmeister@aps.edu

Cross Country Meet Director

Ron Warren, wk: 878.6169

e-mail: warren_aps@aps.edu

Assistant Meet Director

Matt Henry, cell: 688.4806

Media: JOURNAL

James Yodice

ph: 823.3900 fax: 823.3998

KOB-TV 4

JP Murietta/Lee Faria, ph: 764.2450

fax: 764-2456

KOAT-TV 7

John Salazar, ph: 884.6632, 884.6324

fax: 884-6354

KRQE-TV 13

Van Tate, ph: 767.5277 fax: 842.8483

The TEAM 101.7

ph: 338.1414 fax: 338.1459

Bob Brown bob@1017theteam.com

Gary Herron gherron@flash.net

ProView Networks

JD Healy

jd@proviewnetworks.com



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2013-2014 CROSS COUNTRY ROSTER

SCHOOL: _____

HEAD COACH: _____

ASSISTANT COACH: _____

MALE RACERS:

1. _____
2. _____
3. _____
4. _____
5. _____
6. _____
7. _____

FEMALE RACERS:

1. _____
2. _____
3. _____
4. _____
5. _____
6. _____
7. _____

MANAGERS: 1. _____

2. _____

****ROSTERS DUE TO APS ATHLETICS BY
3:00PM ON MONDAY, OCTOBER 7, 2013.**





HARPER DR.

HOFFMANTOWN

FENCE LINE

2 MI.

HILL

ARROYO

PARKING

TENNIS
COURTS

SCHOOL
BLDS.

REST
ROOMS

FINISH

3 MI.

1 MI.

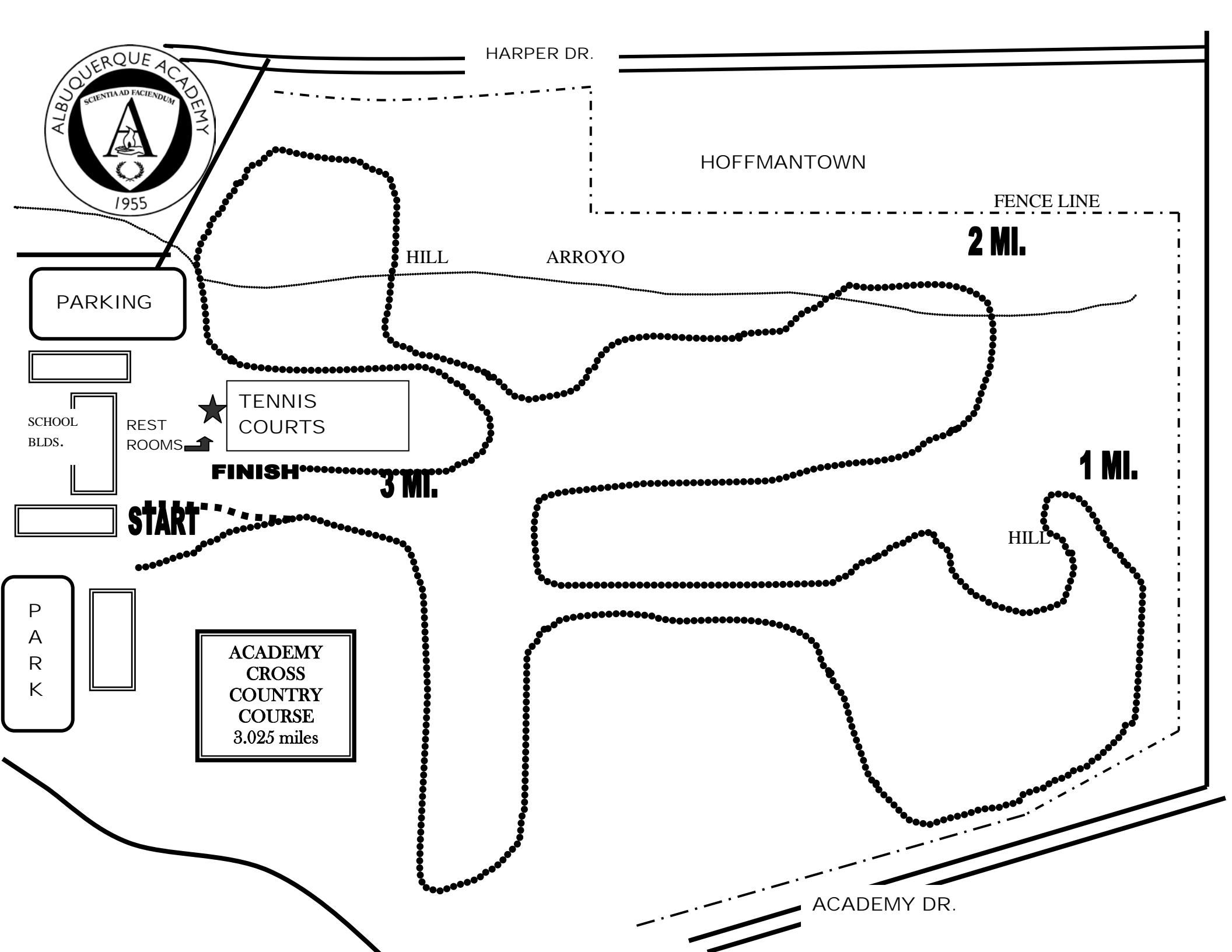
START

HILL

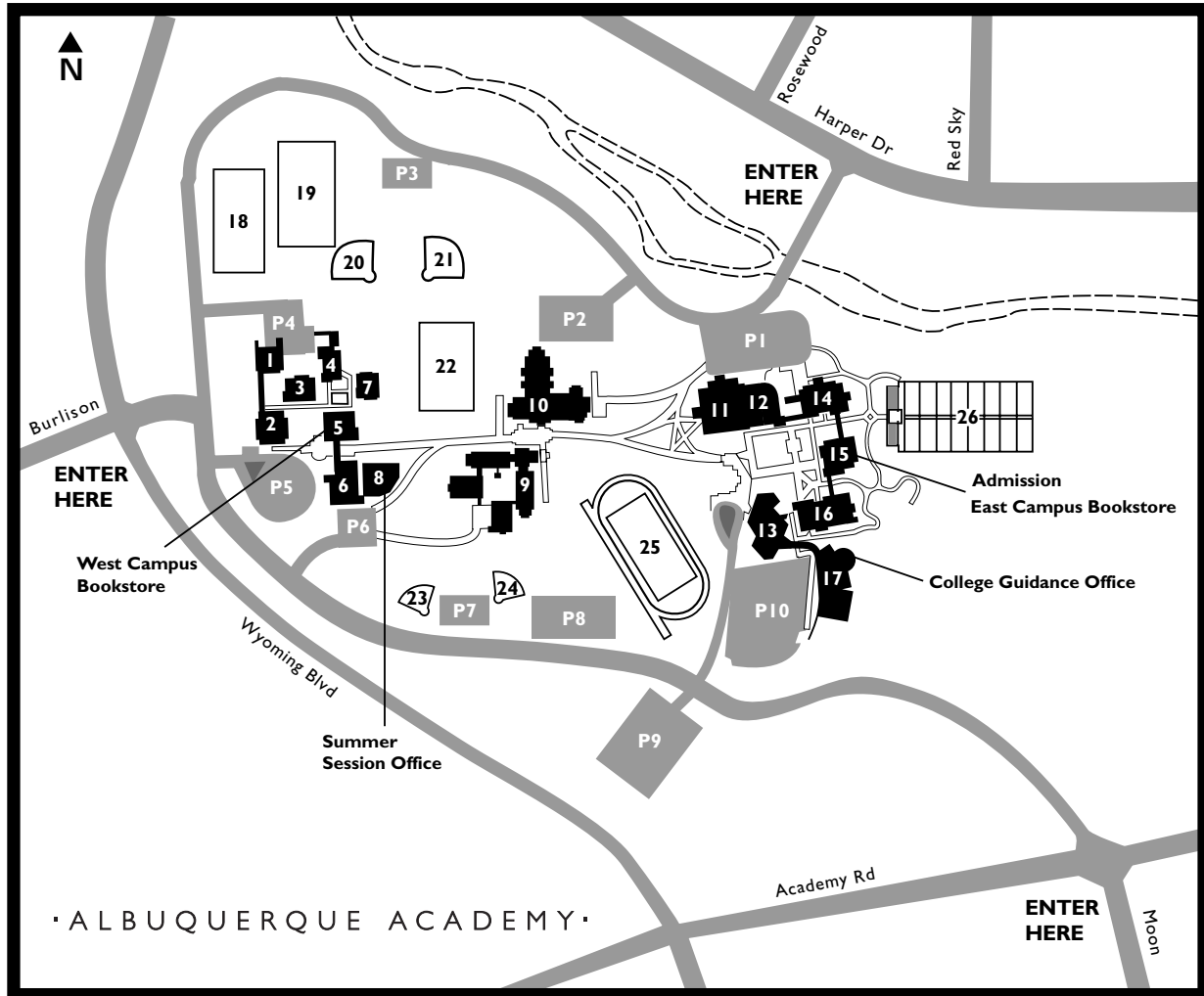
ACADEMY
CROSS
COUNTRY
COURSE
3.025 miles

P
A
R
K

ACADEMY DR.



CAMPUS MAP



Middle School (Grades 6-7)

1. Visual Arts
2. Multipurpose Room
3. Sixth Grade
4. West Dining Hall
5. 6-7 Administration
6. West Gymnasium
7. Seventh Grade
8. Natatorium

Central Campus

9. Science Center
10. Simms Library

Upper School (Grades 8-12)

11. East Gymnasium
12. East Dining Hall
13. Simms Center for the Performing Arts
14. North Hall
15. Administration
16. Brown Hall
17. Music Building

Parking: P1 through P10

Athletic Fields

18. Lower Soccer Field
19. Middle Soccer Field
20. JV Baseball Field
21. Marburger
Baseball Field
22. Upper Soccer Field
23. Varsity Softball Field
24. JV Softball Field
25. Richard A. Harper
Memorial Field
26. Tennis Courts