ALBUQUERQUE INVITATIONAL TRACK & FIELD MEET Friday, April 5, 2019-Saturday, April 6, 2019

BOYS & GIRLS @ NUSENDA COMMUNITY STADIUM Albuquerque Academy Del Norte Miyamura Valley Albuquerque Academy Del Norte Miyamura Valley Albuquerque Academy Eldorado Rio Grande Voleno V Atrisco Heritage Highland Sandia West Me: Bosque School La Cueva Sandia West Me: Bosque School La Cueva Sandia West Me: ormat Seeding of heats will be serpentine, top 8 times qualify to finals in the 400m Relay, 100m/110m Hur Doats, 400m Josh, 300m Hurdles and 200m Dash, Seeding of heats will be slowest to fastest, time of 3200m Run, 1600m Run, 800m Relay, 1600m Medley Relay and 1600m Relay. Lane assignments Curved races: 3:4-5-6:7-8-2:1 Straight races: 4-5:3-6:2-7:1-8 Field events will be 3 preliminary trisk/top 8 qualify for finals with 3 additional trials; the groups will lower entry mark to highest entry mark. If no mark is given the participant will be placed before th mark. ALL throwing field events will be flighted ABCD. Boys/Girls Long Jump, Boys/Girls Triple Jump, Boys/Girls Triple Jump, Boys/Girls Triple Jump, Boys/Girls Heritagi Satspm	cano Vista st Mesa meet. m Hurdles, 100 med finals in th 7-1-8 ps will be flight
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