



CROSS COUNTRY 2019 District 1-5A Championships

Date: Saturday, November 2, 2019 Coaches Meeting @ 8:30 AM. Please e-mail Coach Schrader (schrader@aps.edu) your Team Roster including runner's full name and grade before November 1, 2018 @ 12:00pm.

Place: Nusenda Community Stadium – 1601 Arroyo Vista Blvd NW, Albuquerque, NM 87120

Admission: An entry fee of \$5 per individual will be charged at the western most entrance to the stadium parking lot. Please have cash available and on hand. No debit or credit cards will be accepted.

Schedule:

Varsity Boys- 9:00 AM

Varsity Girls- 9:45 AM

Teams: Atrisco Heritage, Cibola, Cleveland, Rio Rancho, and Volcano Vista

****Entries: Nine team members will be allowed to run the race with only the top 7 used for scoring per the new NMAA rules. We will use the label system please have them ready with the following information School Name – Athlete's Full Name – Grade Level

Scoring: The first 5 runners will be scored for team purposes. Fewer than 5 entries will be scored as individuals only.

State Qualifiers: Boys & Girls: Top three (3) teams in each district plus top three (3) individual district meet finishers. *Note: All runners finishing in the top ten (10) at the district meet qualify for the State Championships regardless. There will be a short meeting after the meet to verify entries.

Awards: Presentation of awards will take place after the girl's race

We look forward to your participation. If you have any questions, please call (505)-459-6756