

District 1-5A Information

DATE: Saturday June 19, 2021

LOCATION: Rio Rancho High School

MEET DIRECTORS: Sal Gonzales, 505-603-2110 sal.gonzales@rrps.net Nate Pino, 505-720-4026 nate.pino@rrps.net

ATHLETE ENTRIES: Entry are due through NM.Milesplit no later than **Thursday May 17th by noon**. Late entries will not be accepted. **Per the district handbook: "Scratches and adds can be made by the computer at the site on the day of the event at the scratch/add meeting."** The meet host will make the necessary changes following the event working with the timing crew.

ENTRY LIMITATIONS: Teams will be limited to five (5) entries in all individual track and field events and (1) entry in all relays.

TEAMS ATTENDING: [5] Atrisco Heritage High School, Cibola High School, Rio Rancho High School, Sue Cleveland High School, Volcano Vista High School

EVENT CHECK-IN: Athletes in running events will check-in near on the grass infield near the discus boundary to receive hip numbers. Field event athletes will check-in at the event location.

TRACK EVENTS: All track events will be run as timed finals. Starting Blocks will be provided. If you use your starting blocks you will be responsible for moving to and from starting line(s). All sprints will be run from east to west to the common start/finish line. FAT timing will not be moved due to weather conditions.

WARM-UP AREA: The football stadium and adjacent soccer fields will be used for warm-ups. There is a speaker system in this area. Athletes will be responsible for check-in before their event begins.

POLE VAULT: Poles will be checked at the event location for weight marking. All coaches shall be responsible for seeing that their athletes are using poles that are correct for their weight. Pole weight limits shall be clearly marked on any pole(s) used by competitors. Poles not correctly marked shall be confiscated by the pole vault official and not returned until completion of the event.

HORIZONTAL JUMPS: All jumps will be contested at the east-facing pit.

JAVELIN: The Javelin will be contested at the large grass field south of the Track.

ATHLETE ENTRY: Athletes may enter via the east or west entrances to the track. Athletes must be dressed in their school issued uniform.

FAN ENTRY: We are asking that all fans enter via the east entrance and park in the Football parking lot. We would like to keep the Track parking lot available for athletes, coaches and fans who need ADA access to our facility.

ADMISSION: \$5 for all fans ages 5 and above

WEIGH-INS: Weigh-ins for the Javelin will be at the Javelin throwing area and start at 7:00am and end at 8:15. Weigh-ins for the Discus and Shot Put will be at the northwest corner of the track near the track shed and start at 8:30am and end at 9:15am.

SCRATCH MEETING: Scratch meeting will be at 7:00am and held in the storage facility.

FIELD EVENTS: Shot Put, Discus, Javelin, Long Jump and Triple Jump will be given (3) preliminary attempts and the Top 8 will be given (3) attempts in the final round.

STARTING HEIGHTS: (subject to change at the scratch meeting)

High Jump	Girls 4'4"	Boys 5'0"
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Pole Vault	Girls 7'0"	Boys 8'0"
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MINIMUM MARKS: None.

SCORING: Individual events 7-5-4-3-2-1 Relays: 10-8-6-4-2-1

LANE ASSIGNMENTS: Curved 3-4-5-6-7-8-2-1 Straight 5-4-6-3-7-2-8-1

TEAM CAMPS: Each team may claim an area in the football stadium. Only athletes who are competing will be allowed on the track or at a field event. Fans are not allowed in the Football Stadium. Please inform your parents of this procedure. The bleachers at the track facility are for fans only.

WARM-UP AREA: The football stadium will be utilized for warm-ups. We will be utilizing the stadium speaker system. Athletes will be responsible for check-in before their event begins.

Event Schedule

Track Schedule	Field Schedule	
8:30 am 3200m Run Girls 3200m Run Boys —Break— 9:30 am (Rolling Schedule) 4x100m Relay Girls 4x100m Relay Boys 100m Hurdles Girls 110m Hurdles Boys 100m Girls 100m Boys 4x800m Relay Girls 4x800m Relay Boys 4x200m Relay Girls 4x200m Relay Boys —15 minute Break— 400m Girls 400m Boys 300m Hurdles Girls 300m Hurdles Boys 800m Girls 800m Boys Medley Relay Girls Medley Relay Boys —15 minute Break— 200m Girls 200m Boys 1600m Run Girls 1600m Run Boys 4x400m Relay Girls 4x400m Relay Boys	8:30 Session 1	Boys Javelin Girls Javelin Boys Triple Jump Boys Pole Vault Girls High Jump
	Session 2 (after session 1 is completed)	Boys Shot Put Girls Discus Girls Triple Jump Boys High Jump Girls Pole Vault
	Session 3 (after session 2 is completed)	Boys Long Jump Boys Discus Girls Shot Put
	Session 4 (after session 3 is completed)	Girls Long Jump